

FIRE TRAINING



MANUAL 2019

STEP 1:

Fire starter verses.

I know your deeds, that you are neither cold nor hot. I wish you were either one or the other! So, because you are lukewarm - neither hot nor cold - I am about to spit you out of my mouth
(Revelation 3:15-16)

Never be lacking in zeal, but keep your spiritual fervour, serving the Lord
(Romans 12:11).

Ask yourself these questions:

Am I passionate for God like a raging fire, putting God first in my life and being eager to serve others?

OR

Am I lukewarm like a rag doll, even though I know it's ineffective for God and stops me from serving the needs of others?

Circle a number between 1 to 10 to show what you think your faith is like:

1 2 3 4 5 6 7 8 9 10
Lukewarm Passionate

Circle a number between 1 to 10 to show what you want your faith to be like:

1 2 3 4 5 6 7 8 9 10
Lukewarm Passionate



Read the verses below. What actions and attitudes show that you love God and serve others with enthusiasm and zeal?

Matthew 22:37

Jesus replied "Love the Lord your God with all your heart and with all your soul and with all your mind:

.....

Matthew 22:39

Love your neighbour as yourself

.....

Psalms 1: 2

But his delight is in the law of God and on his law he meditates day and night.

.....

Philippians 4:6

Do not be anxious about anything but in everything, by prayer and petition, with thanksgiving, present your requests to God.

.....

Ephesians 5:19

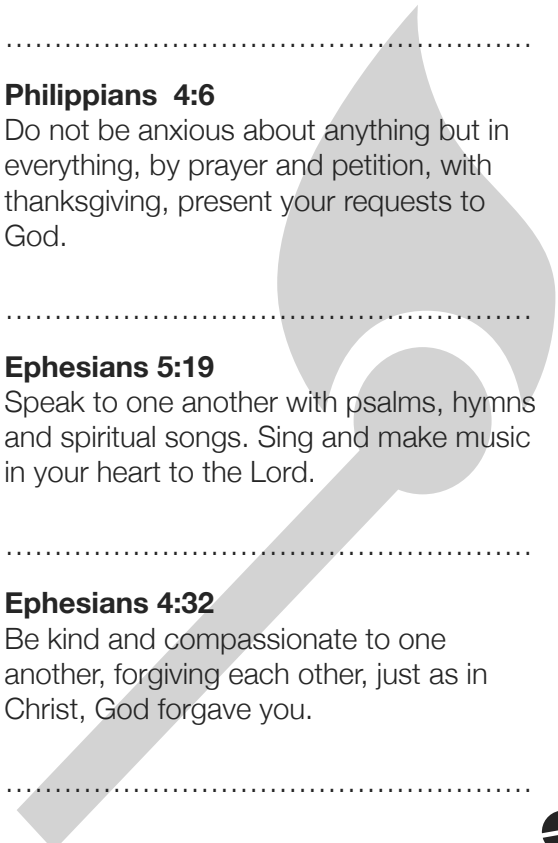
Speak to one another with psalms, hymns and spiritual songs. Sing and make music in your heart to the Lord.

.....

Ephesians 4:32

Be kind and compassionate to one another, forgiving each other, just as in Christ, God forgave you.

.....





STEP 2:

Things that can Extinguish the Fire.

Add the missing letters to make this list of words that are attitudes or actions that can stop us from being eager to serve God and others.

- G _ ss _ p
- Jea _ ou _ _
- P _ er Pr _ ss _ re
- Not r _ ad _ _ _ the _ _ ble
- Not p _ _ y _ _ g
- Not f _ r g _ v _ _ _ others
- Being s _ lf _ sh
- L _ z _ n _ ss
- S _ nd _ y sp _ r _
- C _ m pl _ ining instead of being T
- _ _ n kf _ l

Take the "Evaluate your Extinguishment Quiz"!

In the next section, circle the letter that best describes your attitude/actions regarding: your passion for God, service to God and things that threaten to put out your fire.

My passion for God looks like:

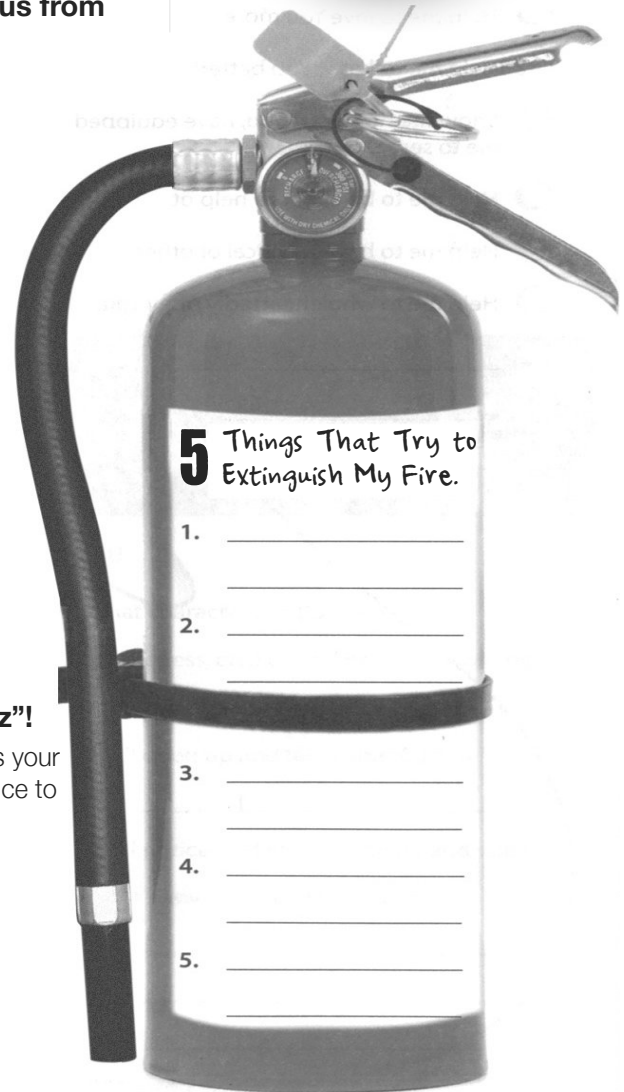
- i. Rag doll: My love for God is drooping and lifeless
- ii. Rollercoaster: My love for God has highs and lows
- c. Raging Fire: My love for God is burning strong.
- d. Other:.....

My service to God is like a:

- i. Light switch: My service is off and again on again depending on my mood.
- ii. Remote Control: I scan my options and serve only when it looks fun.
- c. GPS: I serve wherever God guides me
- d. Other:.....

My fire threatens to go out most when:

- a. I PULL away from God by not praying or reading His Word.



- b. People take AIM at my faith and tease me about Jesus
- c. Sadness, difficult times, and peer pressure SQUEEZE me.
- d. I'm SPREAD thin on selfish pursuits instead of service.
- e. Other:.....

After doing this quiz it makes me realise that I



STEP 3:

Caution: Stop, Drop, and Pray!



Circle or highlight the things we need to pray for so that we can continue to love God and serve others with zeal and passion.

Colossians 3:12-15

Therefore as God's chosen people, holy and dearly loved, clothe yourselves with compassion, kindness, humility, gentleness and patience. Bear with each other and forgive whatever grievances you may have against one another. Forgive as the Lord forgave you. And over all these virtues put on love, which binds them all together in perfect unity. Let the peace of Christ rule in your hearts, since as member of one body you were called to peace. And be thankful.

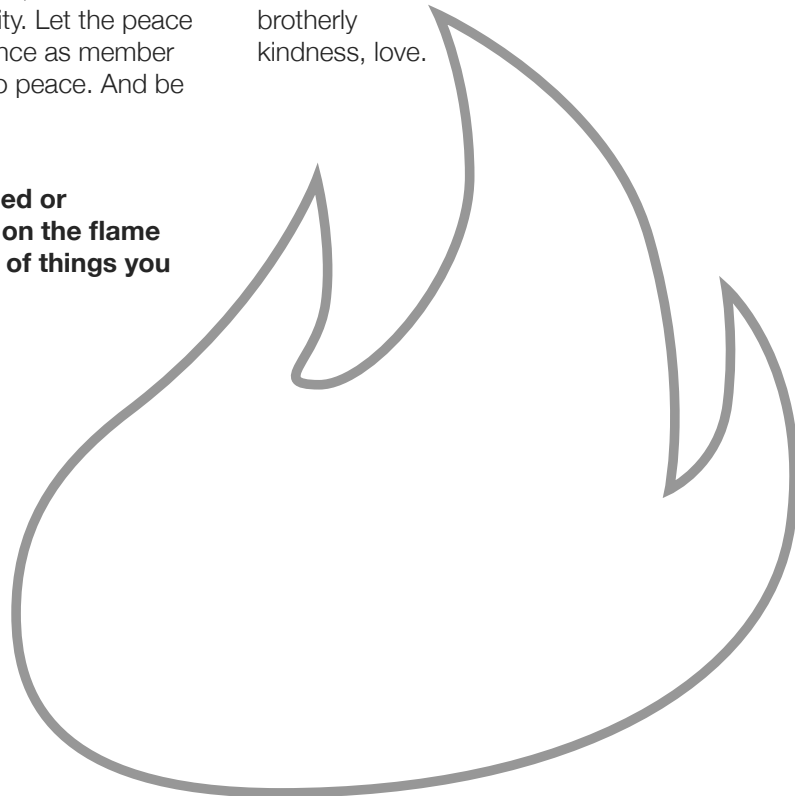
Pick 5 things you have circled or highlighted and write them on the flame shape. This will remind you of things you can pray for.

Galatians 5:22, 23

But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control.

1 Peter 5:6, 7

For this very reason, make every effort to add to your faith goodness; and to goodness, knowledge; and to knowledge, self-control; and to self-control, perseverance; and to perseverance, godliness; and to godliness, brotherly kindness; and to brotherly kindness, love.



Tick the circles you want to pray for.

- | | |
|---|---|
| <input type="checkbox"/> Help me to love You more. | <input type="checkbox"/> Help me to be eager to help others. |
| <input type="checkbox"/> Help me to know You better! | <input type="checkbox"/> Help me to be less critical of others. |
| <input type="checkbox"/> Show me how You, God, have equipped me to serve. | <input type="checkbox"/> Help me to wholeheartedly obey You. |
| | <input type="checkbox"/> Other:..... |

STEP 4:

Keep the Fire.

When you add these **PASSION** disciplines or habits into your life, you will feed the fire in your heart. Draw a line to match the **PASSION** discipline with the action that describes it best.

- P**ray Constantly
- A**nd
- S**tudy God's Word
- S**erve Others
- I**nteract with God's People
- O**pen Up and Talk About God
- N**otice God in the Ordinary



Rate the intensity of the PASSION habits in your life.

1 = Fire is a dying flicker. 5 = Fire is a burning flame.

My prayer life

1 2 3 4 5

My Bible study

1 2 3 4 5

My zeal or passion to serve others

1 2 3 4 5

My interacting with God's people

1 2 3 4 5

My opening up and talking about God

1 2 3 4 5

My noticing God in the ordinary

1 2 3 4 5

Add it up! **My Score:**.....

24 - 30: Your flame is burning brightly! Keep feeding it with these habits! Focus on the habit that feels weakest and ask God to help you increase this in your life.

18- 23: Your flame is average. Time to add another log to the fire! Which habit did you score lowest on? Ask God to help you put this into practice in your life more and more.

6-17: Caution! Your flame is flickering out. Spend time regularly praying and asking God to help you feed the fire by putting these habits into place in your life. Begin by focusing on one and then one by one add more.

How will you feed the fire? Make the commitment!

Fill in the gaps in each of the following sentences.

1. I will pray times a day.
2. I will read from the Bible every
3. I will willingly and cheerfully serve by
4. I will interact with God's people at

5. I will open up and talk about God to
6. I will notice God in the ordinary and write what I saw or experienced here:

Signed.....

Date

PUT THE THEME INTO ACTION!



Group Activities/Individual Activities

1. Memorise Revelation 3: 15-16 and Romans 12:11.
2. In your small group pray sentence prayers asking God to help you feed the fire in your heart. Pray for something that you wrote on the flame in Step 3.
3. Make and decorate the theme banner.
4. Start a prayer journal.
5. Start using a Bible guide to help you read a section from the Bible each day or keep notes on what you are reading each day from the Bible
6. What need do you see in your church? Volunteer to serve and help to meet that need.
7. Plan a get together with other Christian friends. During your party, ask everyone their favourite Bible character, why they chose him or her, and what they most admire about that person.
8. Talk to someone about your relationship with Jesus.
9. Using a small notebook that you keep with you all the time, keep a log for a week, listing all the ways you notice God in creation and at work in your life. Remember to pray giving thanks for what you have noticed.
10. Create a special piece of artwork for your room that will remind you every day to stay on fire for Jesus!
11. Make a poster with the letters for PASSION arranged in an interesting way, to remind you of the things that will help us keep our zeal for serving God.
12. Make up short role plays to show how we can demonstrate our love for God and our desire to serve others or make up role plays that show things that can try to extinguish our love for God (see Step 1 and 2 for ideas)
13. Try out one of the following crafts that remind you of what you have learned in the theme : Mini prayer boxes, Bible bookmark, and Feed the Fire candle